Protein-Packed Chicken Avocado Bowl

A fresh, low-carb bowl with juicy chicken breast, creamy avocado, and crisp cucumber slices—perfect for lean muscle support and weight loss.

Servings: 2 **Time:** 15 minutes

Ingredients

- 8 oz cooked chicken breast, sliced
- 1 ripe avocado, diced
- 1 cup cucumber slices
- 1 tbsp olive oil
- 1 tbsp fresh lime juice
- 1/4 tsp salt
- 1/4 tsp black pepper
- 1/2 tsp smoked paprika
- 1 tbsp chopped fresh cilantro (optional)

Instructions

1. In a small bowl, whisk together olive oil, lime juice, salt, pepper, and smoked paprika to make a dressing.
2. In a medium bowl, combine sliced chicken, diced avocado, and cucumber slices.
3. Pour the dressing over the bowl ingredients and gently toss to coat everything evenly.
4. Sprinkle chopped cilantro on top if using.
5. Serve immediately for best freshness.

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